



# Flipperentiating!

[http://goo.](http://goo.gl/chMLV)

[gl/chMLV](http://goo.gl/chMLV)

Becky Fritz & Marissa Grodnick  
Hopkins Public Schools





**We're a  
Middle  
School.**

# Many Different Students, Many Different Needs



# The problems \*

- Some WANT to & can move faster, learn more but...
  - No ability to push (or engage) those that are comfortable
  - The kids that don't finish in class don't do the HW & don't get the skill reinforcement that they need
- \* Obviously, these are generalities.

# Our Flipping Needed to Be Different

The  
students  
needed  
assistance  
with their  
flip.





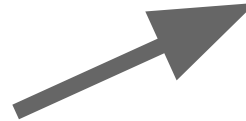
# What we had before:

1. Notes \*
2. Short lab or activity

HW: Finish lab/activity  
(questions) if not done

\* MS students need background knowledge.

# The goal















# An example: Circulatory System

1. Self-Paced  
Notes

2. Directed lab:  
Heart Rates

HW: Skill  
reinforcement

HW: Self-Paced  
Notes before  
class

1. Skill  
reinforcement

2. Open inquiry  
lab: Heart Rates

# Directed Lab

## Data - Results:

Activity	Pulse Rate per Minute
Resting	
Walking	
Running in place	
Jumping Jacks	
Resting after exercise (1 min)	
Resting after exercise (3 min)	

## Analyze your data:

Graph Use the data you obtained to create a bar graph of your pulse rate under the activities you tested. Be sure to label the X & Y axis with "Activity" and "Heartbeats per Minute". Be sure to include a title.

TITLE



# Open Inquiry

## Lab: Activity Affects Circulation Open Inquiry

NAME: \_\_\_\_\_

**Problem Question:** How does physical activity affect your heart rate?

### Design an Experiment:

1. Imagine you are a physician and your partner is your patient. Your patient is going to have minor surgery soon. You want to prepare your partner for the recovery period by determining what types of regular activities cause heart rates to go up significantly and then recommending that he or she avoid those activities.
2. First, determine what your patient's resting heart rate is. To do this, place your index and middle fingers on the patient's wrist, about 2.5 cm below the base of your thumb. You should feel a steady pulse. To measure the heart rate, count the number of beats as you watch 15 seconds go by on the stopwatch. Multiply that number by \_\_\_\_ to get the beats per minute (beats/min). Record that figure here:

Their resting heart rate is = \_\_\_\_\_

# An example: DNA replication

1. Skill reinforcement: DNA
2. Directed Activity: DNA construction lab

HW: None

HW: DNA Replication notes before class

1. Directed activity: DNA construction lab
2. Stop motion movie creation: DNA replication

HW: None

# An example: Cold War (SS)

1. Cold War notes via BrainPop w/ FA
2. Intro Cold War project

HW: Begin project planning

HW: Cold War notes (BrainPop) w/ FA

1. Cold War presentation (in-depth)
2. Intro Cold War project
3. Begin project

HW: project planning

# An example: Grammar Lesson

## Emerging

1. [Google Form CFA](#)
2. [Self-Paced grammar Notes](#)
3. Practice with instructor

HW: Skill Reinforcement Practice (continue to FA)

## In-Progress

HW: [Self-Paced Grammar notes](#) before class

1. [G. Form CFA](#)
2. Grammar skill reinforcement activity

HW: None

## Proficient

HW: [Self-Paced Grammar notes](#) before class

1. [G. Form CFA](#)
2. Grammar activity (more application & synthesis) with partner

HW: None

# An example: Geometry (mid-unit)

## Emerging

1. CFA  
(instructional notes, practice)
2. Direct instruction, (re-teach) small group

HW: Practice

## In-Progress

HW: CFA  
before class

1. Follow-up activity, working in groups 2-3

HW: None

## Proficient

HW: CFA  
before class

1. Create a tutorial w/ partner
2. Math puzzles, tanagrams etc.

HW: None



# Notes - What's important

- Guided notes (not F-I-B)
- Cornell notes
- You may not want simple vocab definitions, but consider low level before high level questions
- Screencasts or pre-made videos aren't your only option, texts can work in a pinch

# Guided Notes Example, High to Low

**Arteries**

**Veins**

**Capillaries**

**Summary:** Explain the similarities and differences between arteries, veins, and capillaries.

**Summary:**

## Respiratory System Notes

Respiration

Respiratory  
system organs

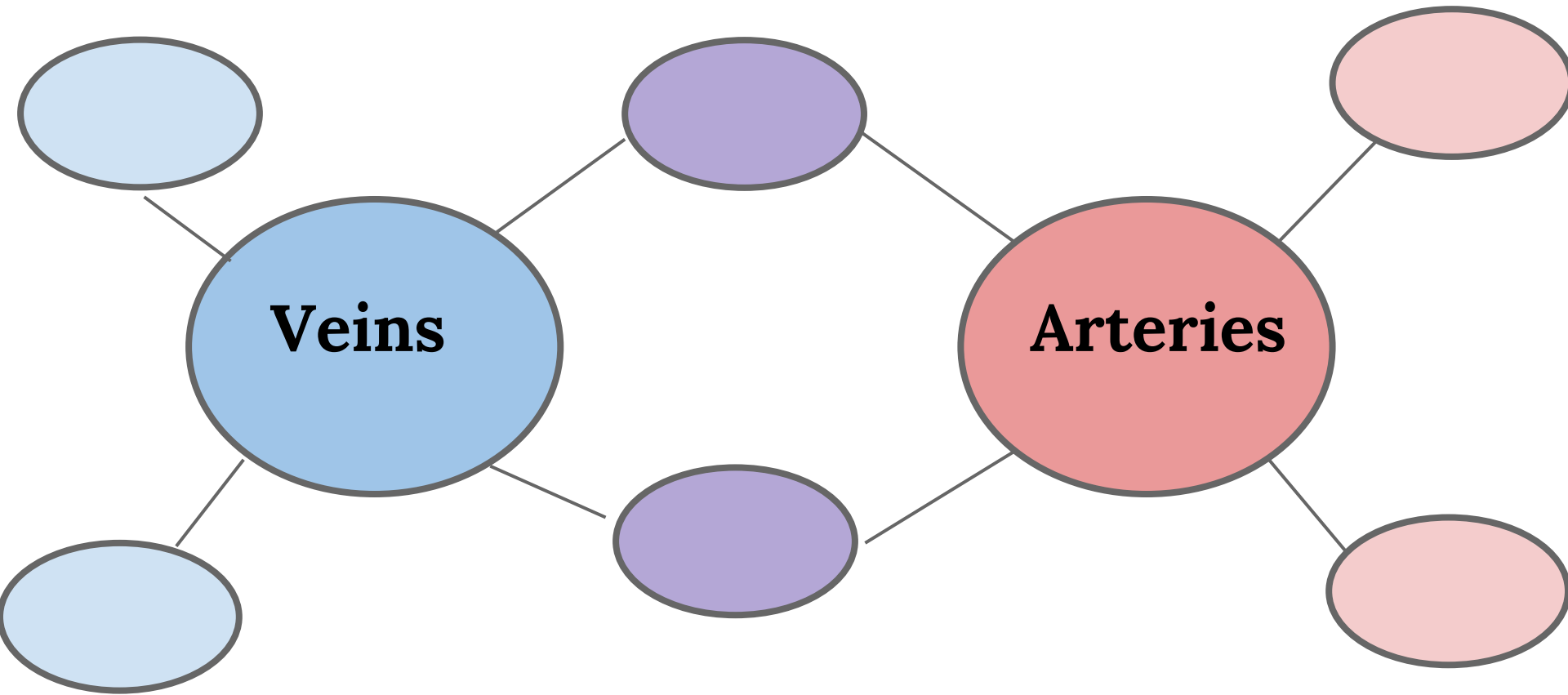
Alveoli

Diaphragm

Air  
Pathway

Summary or What is the goal of the respiratory system?

# Skill Reinforcement Example: DB Map



# Skill Reinforcement Example: "Connect To"

I WOULD CONNECT \_\_\_\_\_  
\_\_\_\_\_ BECAUSE....

Mass

Volume

Distance

kg  
cm  
mm

Gram

Meter

Liter

Graduated Cylinder

Scale

Beaker

Balance

Ruler

SI Units

Measurement

Base Unit

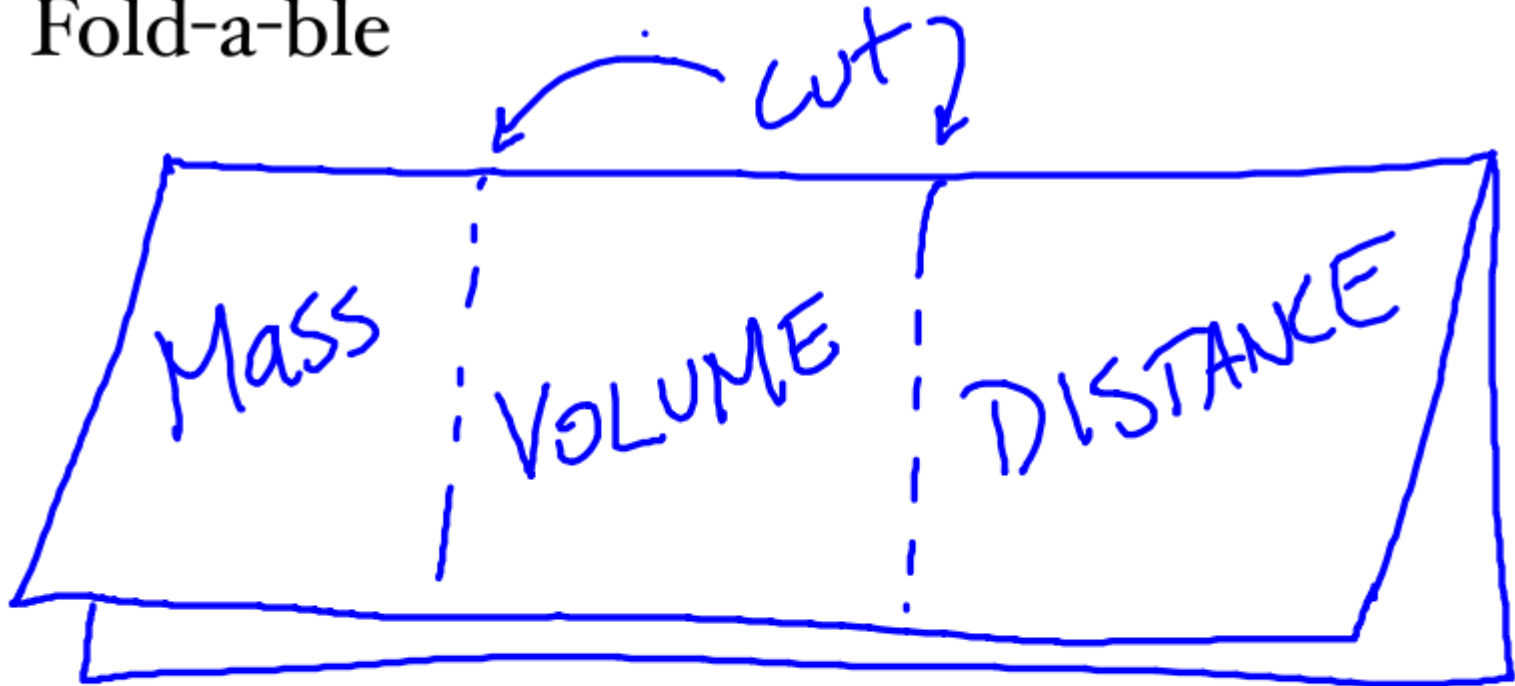
Metric System

English Standard  
System



# Skill Reinforcement Example: Fold-a-ble

Fold-a-ble



Inside

- picture with color
- definition in your own words
- base unit

# Record



# Record



QuickTime Player

**File**

Edit

View

Share

Window

New Movie Recording

⌘⌘N

New Audio Recording

⌘⌘⌘N

**New Screen Recording**

⌘⌘N

Open File...

⌘O

Open Location...

⌘L

Open Recent



Close

⌘W

Duplicate

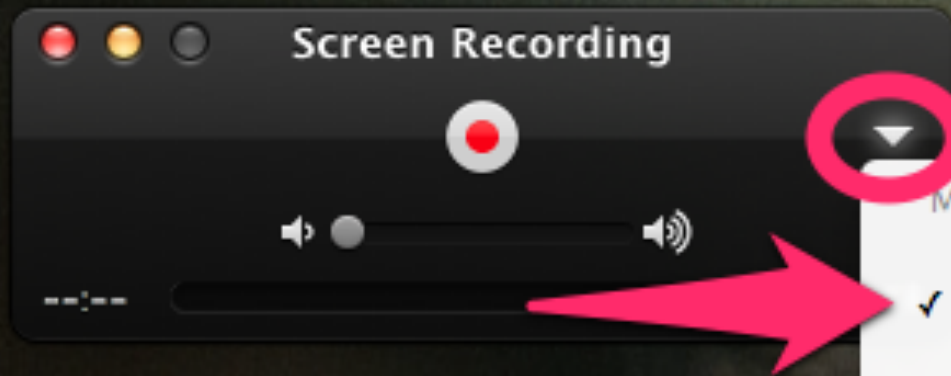
Export...

⇧⌘S

Export for Web...

⇧⌘E

# Record



Microphone

- None
- ✓ Built-in Microphone: Internal microphone
- Soundflower (16ch)
- Soundflower (2ch)


Quality

- Medium
- ✓ High

Options

- ✓ Show Mouse Clicks in Recording

Save to

- ✓  Movies
- Choose...

# Edit







Explore

# Differentiated Work Time

Screencasting

Marissa

Guided Notes, Video Search,  
creating a playlist

Becky

Independent work

On your own



# Work Time

1. Pick a topic that you teach.
2. Browse YouTube; is there a video that explains your topic? Is there a video that you could use for enrichment?